

**ETHEL AND JAMES FLINN FOUNDATION ANNOUNCES SEPTEMBER 2009 GRANTS
TOTALING \$2.6 MILLION**

At its September 15, 2009 Board of Trustees meeting, the Foundation approved 25 grants.

In 2008, the Foundation awarded three year grants to support the integration of mental health services and treatment into primary care settings throughout Southeast Michigan. Primary care settings were chosen because this is where most people seek treatment for mental health problems but do not receive adequate care. Integrating mental health services into primary care settings provides an opportunity to identify and treat symptoms early and prevent more disabling disorders. It also reduces the stigma associated with mental illness by “normalizing” care and treatment. A multi-site evaluation team will develop and disseminate a Michigan-based field guide/implementation manual at the end of the project to assist wider roll-out of integrated health care models. Eight second year grants totaling \$1,175,000 were approved.

Two year grants were awarded in 2008 to support the implementation and evaluation of Evidence Based Practices and Programs for individuals with serious mental illness. Treatment programs and practices including Dialectical Behavior Therapy (DBT), Illness Management Recovery (IMR), Parenting Management Training – Oregon (PMTO) and Family Psychoeducation are being implemented. Ten second year grants and one new grant totaling \$1,075,000 were awarded.

The Foundation approved final payments of \$333,000 to support Phase II of a three-year quality improvement project (MiMHEBPI) to improve mental health service delivery through the dissemination and adoption of evidence based algorithms and guidelines in the prescription and monitoring of drugs for people with schizophrenia, bipolar disorder and major depression. Implemented in 2006, the initiative has six pilot sites throughout the State. A multi-site evaluation of the initiative is being conducted. Phase III will implement the algorithms/guidelines beyond the pilot sites to the State’s entire mental health community with the goal of providing more consistent and better quality medication treatment. Six grants were awarded.

The Ethel and James Flinn Foundation is a Detroit based private foundation established in 1976 by Ethel “Peggy” Flinn and her brother James “Jim” Flinn Jr. Peggy passed away in 1994. Jim Flinn, Jr., who was diagnosed with schizophrenia in his early 20’s, led a remarkable life until his passing away in 2007 at the age of 91. As a result, the Foundation’s assets grew to \$70 million. The Foundation is committed to improving the scope, quality and care of services for individuals with mental illness. Since inception, over \$16 million in grants have been awarded. The Foundation’s geographic focus is Southeast Michigan, specifically the counties of Wayne, Oakland, Macomb and Washtenaw.

Following is a complete listing of grants awarded by focus area:

INTEGRATED CARE INITIATIVE:

1. **Children’s Hospital of Michigan** (Detroit, MI): \$125,000 in 2009 for the second payment to integrate mental health services within the Adolescent Medicine Clinic which currently serves 1,000 youth between 12 and 21 years old.
2. **Henry Ford Health System** (Detroit, MI): \$175,000 in 2009 for the second payment to integrate mental health services into seven school-based health centers within Detroit Public Schools that serve over 5,000 students.
3. **Oakland Primary Health Services** (Pontiac, MI): \$150,000 in 2009 for the second and final payment to integrate mental health services within the Pontiac clinic currently serving 2,700 children, adolescents and adults.
4. **Sinai Hospital of Greater Detroit** (Detroit, MI): \$150,000 in 2009 for the second payment to integrate mental health services within the hospital’s primary care center which served 3,356 individuals in Northwest Detroit last year.
5. **St. Joseph’s Mercy Oakland** (Pontiac, MI): \$150,000 in 2009 for the second payment to integrate mental health services within the hospital’s Mercy Place Health Clinic which serves 1,250 Oakland County individuals annually.
6. **Washtenaw Community Health Organization** (Ypsilanti, MI): \$150,000 in 2009 for the second payment to extend integrated care to a network of community-based agencies that serve homeless, and high risk youth and their families.

7. **Wayne State University – Department of Internal Medicine** (Detroit, MI): \$150,000 in 2009 for the second payment to integrate mental health services within the Wayne State University Detroit Medical Center Health Source Primary Clinic which serves 900 adults in Detroit.
8. **Western Wayne Family Health Centers** (Inkster, MI): \$125,000 in 2009 for the second payment to provide integrated care in Inkster and Lincoln Park that will serve over 3,000 children and adults.

EVIDENCE-BASED PRACTICES AND PROGRAMS

9. **Michigan Department of Community Health** (Detroit, MI): \$30,000 in 2009 to train an additional 15 State Assertive Community Treatment (ACT) teams to use newly developed “ACT Field Guide” to improve service delivery.
10. **Community Care Services** (Lincoln Park, MI): \$125,000 in 2009 for the second payment to provide Illness Management Recovery (IMR) program to adolescent consumers in Lincoln Park.
11. **Detroit East** (Detroit, MI): \$125,000 in 2009 for second payment to provide Multi-Group Psychoeducation program to adolescent population in Detroit.
12. **Henry Ford Cottage Hospital** (Grosse Pointe, MI): \$70,000 in 2009 for second payment to provide Dialectical Behavior Therapy (DBT) in an inpatient and partial hospitalization setting.
13. **Judson Center** (Royal Oak, MI): \$120,000 in 2009 for second payment to provide Dialectical Behavior Therapy (DBT) and Parent Management Training – Oregon (PMTO) to children and families.
14. **Kadima** (Southfield, MI): \$125,000 in 2009 for second payment to provide a combined intervention using Motivational Interviewing (MI) and Cognitive Behavior Therapy (CBT) to consumers.
15. **Northeast Guidance Center** (Detroit, MI): \$125,000 in 2009 for second payment to enhance Assertive Community Treatment (ACT) with supportive employment component.
16. **Regents of the University of Michigan** (Ann Arbor, MI): \$100,000 in 2009 for second payment to develop a sustainable funding model for depression disease management program.
17. **Rose Hill Center** (Holly, MI): \$80,000 in 2009 for second payment to provide Dialectical Behavior Therapy (DBT) in a residential treatment setting.
18. **Southwest Counseling Solutions** (Detroit, MI): \$125,000 in 2009 for second payment to provide Illness Management Recovery (IMR) to adults.
19. **Starfish Family Services** (Inkster, MI): \$50,000 in 2009 for second payment to provide Family Psychoeducation Program to adolescents and their families in Western Wayne County.

MICHIGAN MENTAL HEALTH EVIDENCE-BASED PRACTICE INITIATIVE (MIMHEBPI)

Phase II funding of a three year project to six pilot sites as follows:

20. Henry Ford Health System	\$65,000
21. St. Joseph Mercy Health	\$60,000
22. Rose Hill Center/Wayne State University	\$78,750
23. Washtenaw Community Health Organization	\$56,750
24. Michigan Department of Community Health for LifeWays	\$31,250
25. Michigan Department of Community Health for Network 180	\$41,250

For more information, contact Andrea Cole, Executive Director and CEO of the Ethel and James Flinn Foundation at (313) 309-3436 or visit our website at www.flinnfoundation.org