

“Foundations bringing the JED Campus Program to Michigan colleges and universities to improve student mental health”



A group of Michigan funders, the Blue Cross Blue Shield of Michigan Foundation, the Ethel and James Flinn Foundation, the Michigan Health Endowment Fund and the Community Foundation for Southeast Michigan are partnering to sponsor a cohort of 12 Michigan universities and colleges to participate in the JED Campus Program to improve student mental health.

The JED Campus program is a nationwide initiative of The Jed Foundation (JED) designed to guide schools through a collaborative process of comprehensive systems, program and policy development with customized support to build upon existing student mental health, substance abuse and suicide prevention efforts.

About JED Campus

By becoming a member of the JED Campus program, a school demonstrates their commitment to the emotional well-being of its students. JED Campus schools embark on a multi-year strategic partnership with JED that not only assesses and enhances the work that is already being done, but helps create positive, lasting, systemic change in the campus community.

Over the course of their participation in the program, Campus Program schools receive the following technical assistance:

- Support in the development of an interdisciplinary, campus-wide team that includes senior leadership to steer this work at their university
- An in-depth, confidential self-assessment survey, at the beginning of the program and then again after three years, assessing mental health promotion and substance abuse and suicide prevention efforts
- Customized feedback reports created by JED’s clinical team after each assessment identifying successes and opportunities for enhancement
- An onsite meeting between a JED expert and the college/university’s JED Campus team to review the feedback report and assist in the creation of a strategic plan to implement enhancements
- Ongoing support from a dedicated Campus Manager who provides consultation, guidance and resources to help each school achieve its goals
- Membership in a nationwide Learning Community – a network of JED Campuses that share advice and experiences as well as presentations/discussions on specific topics of interest that emerge from JED’s work with JED Campus schools
- The JED Campus membership seal to signify the school’s commitment to student mental health

The Cohort Opportunity

Participation in a local cohort allows schools an opportunity to address systems change at a macro level, share resources in a more effective and efficient way and explore potential economies of scale. Toward that end, the Blue Cross Blue Shield of Michigan Foundation, the Ethel and James Flinn Foundation, the Michigan Health Endowment

Fund and the Community Foundation for Southeast Michigan will also sponsor the following initiatives for those schools that are selected to participate in the cohort:

- Participation in the [Healthy Minds Study \(HMS\)](#) based at the University of Michigan. The HMS is an assessment of students' awareness, attitudes and behaviors regarding a variety of mental health issues. The HMS modules that JED Campus schools will administer have been carefully selected to correspond with the JED Campus assessment to assist in evaluating outcomes. The HMS will be administered twice, once at the beginning of the school's participation in JED Campus, and again in year three, corresponding with the administration of the JED Campus assessment. A comparison of the two data sets will allow schools to determine the impact of JED Campus on students' attitudes and behaviors. That is, as schools effect systems change over time, what correlational changes are they seeing in students' attitudes and behaviors.
- Annual or bi-annual cohort meetings will be hosted for JED Campus teams to support the development of a strong network among the cohort schools and foster shared learnings.
- Participation in tailored webinars and learning seminars to discuss topics and issues that matter most to the cohort.
- Opportunities will be offered to share data across universities to highlight trends and develop insights regarding the strengths and gaps in mental health promotion and suicide and substance abuse prevention among cohort participants.

Eligibility Criteria

Michigan Public and private four year colleges as well as two-year community colleges are eligible to apply. The Blue Cross Blue Shield of Michigan Foundation, the Ethel and James Flinn Foundation, the Michigan Health Endowment Fund and the Community Foundation for Southeast Michigan will sponsor the enrollment costs to participate in the JED Campus Program as well as host cohort meetings and webinars to learn and share knowledge across schools.

Selection Process

Schools wishing to take advantage of the cohort opportunity should submit a letter of interest not to exceed two pages indicating:

- Why they are interested in the cohort opportunity
- How they think the cohort opportunity will benefit their campus
- Statement of need (e.g. environmental, financial, services)

Letters of interest should be submitted to info@thecampusprogram.org by *December 1, 2016*.

For more information about the selection process, JED Campus or the Healthy Minds Study, please contact info@thecampusprogram.org.

