

Annual Report 2008



THE ETHEL AND JAMES
FLINN FOUNDATION

A large, stylized logo consisting of the letters 'F' and 'F' in a blue, serif font, positioned behind the text.

Who We Are

The Ethel and James Flinn Foundation was established in 1976 by Ethel “Peggy” W. Flinn to remember her parents Ethel G. and James H. Flinn and her brother, James “Jim” H. Flinn, Jr. and to provide a means for family philanthropy. The Foundation was originally established as a charitable nonprofit corporation under Michigan laws and Section 501(c)(3) and 509(a)(3) of the Internal Revenue Code but was reclassified in 2005 as a private foundation under Section 501(c)(3). The Foundation received additional assets in 2007 upon the passing of the last family member Jim H. Flinn, Jr.

Mission

The Ethel and James Flinn Foundation is committed to improving the quality of life of children, adolescents and adults with mental illness by improving the quality, scope and delivery of mental health services. The Foundation uses its resources through research to develop, evaluate and implement best practice treatment programs.

How to Apply for a Grant

The Foundation offers funding opportunities through an annual competitive Request for Proposals (RFP) Process. The Foundation’s named supported organizations and the broader universe of non-profits that deliver mental health care and services in Southeast Michigan (Wayne, Oakland, Macomb and Washtenaw) are eligible.

Grants are awarded once yearly - In September. Listed below is the typical timeline and process for applying for a grant:

FUNDING PROCESS AND TIMELINE

Mid May / Open RFPs available

Mid July / Deadline for proposals

Late September / Notification of grant decision

Mid November / Grant funds awarded

Please contact our office or visit our website at www.flinnfoundation.org for further information on the Foundation’s funding priorities.

The Flinn Family

The Ethel and James Flinn Foundation traces its roots three generations back to Elisha Flinn. He was born in 1843 and lived in New York State until coming to Detroit in 1865 to enter the practice of law. Elisha Flinn's clients were companies involved in natural resources but he gradually discontinued the practice of law to enter the business of buying and selling pine timber in Michigan. He formed a partnership with his former partner under the name of Robinson and Flinn and when there was little pine timber remaining in Michigan they moved their activities to other states and later to Minnesota. Robinson and Flinn, associated with others from Michigan, purchased considerable acreage of timber land in Minnesota.

In 1892 iron ore was found on their Minnesota properties and from that time until his death in 1911 Elisha Flinn's principal business was iron ore mining in and around Eveleth, Minnesota. He was president of the Lake Superior Iron and Chemical Company, a vice president of old Detroit National Bank and a director of the Wayne County Savings Bank and the Detroit Trust Company. In 1871 he married Samantha Whitwood. Elisha and Samantha lived on Putnam Ave. in Detroit and raised two children James H. and Mary W.

James H. Flinn married Ethel Garretson in 1906. Ethel and James raised three children, George, Ethel "Peggy" W. and James "Jim" H. Jr. It was Ethel

and James who set the course for the Ethel and James Flinn Foundation.

Peggy Flinn with her cousin and her lawyer established the Foundation in 1976. Her intent was to remember her parents, Ethel and James and her brother, Jim Flinn, Jr. and to consolidate and direct the family's philanthropy toward the purposes already expressed by her parents in their trusts documents; "research into the causes and/or research into the treatment of nervous and mental diseases." Peggy graduated from Columbia Presbyterian College of Nursing in New York as a registered nurse and was a volunteer nurse with the Red Cross during World War II. She was particularly interested

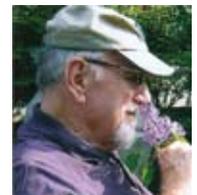
in children and was a longtime and life member of the Board of Trustees of Children's Hospital of Michigan. Her life passion was horses. She owned, rode and showed champion horses throughout the country. She was a life member of the American Horseshow Association. She provided initial funding to the Foundation during her lifetime and left an endowment to the Foundation upon her death in 1994.

Jim Flinn, Jr. attended Princeton and Babson University. He was afflicted with schizophrenia in his early 20's and following the death of his father in 1952 resided for the rest of his adult life at the St. Joseph Mercy Health System in Ann Arbor, Michigan. The caregivers at St. Joseph Mercy Hospital provided a unique, close, caring and supportive environment that contributed to Jim's long life and to his good quality of life. Jim's interests were many

and varied; reading, history, University of Michigan football, movies, gardening, bike riding and traveling. Helping the disadvantaged and philanthropy were of special interest to him. In later years he made substantial contributions to the Foundation and to charities generally. Upon Jim's death all of the Flinn's interests were transferred to the Foundation leaving as a legacy a philanthropic foundation that will improve the lives of those with mental illness.



Ethel "Peggy" W. Flinn



James "Jim" H. Flinn, Jr.

What a roller coaster ride in 2008! The Foundation started the year with increased assets received from terminated Flinn Trusts and Jim Flinn's Estate. Considerable time was spent in shaping new grantmaking programs and policies. The Foundation decided to focus its grantmaking on Southeast Michigan, specifically the counties of Wayne, Oakland, Macomb and Washtenaw. Three new Initiatives were launched - Integrated Health Care, Evidence-Based Practices and Programs and Grantmaking Opportunities. The Foundation also continued its support of the Michigan Mental Health Evidence-Based Practice Initiative.

Integrated Health Care

To advance the integration of mental health services into primary care settings, the Foundation awarded eight three-year grants to school based health clinics, primary care providers and health clinics throughout Southeast Michigan.

- Grants awarded to Federally Qualified Health Centers (Western Wayne and Oakland Primary Health Services) were matched with federal dollars to leverage additional direct care services.

- A multi-site evaluation will be conducted across the diverse settings to identify common characteristics and implementation elements that improve treatment outcomes for underserved populations.

Evidence-Based Practices and Programs

To accelerate the translation of evidence-based practices and programs into everyday clinical practice, the Foundation awarded ten two-year grants to hospitals, human service agencies and community mental health providers throughout Southeast Michigan. Effective evidence-based treatment programs such as Dialectical Behavioral Therapy, Illness Management and Recovery, Parenting Management Training-Oregon Model and Family Psychoeducation will be implemented.

- Cluster meetings were held with Grantees implementing the same Evidence-Based Practices to share information and encourage collaboration. Groups will meet regularly over the next three years and discuss barriers, successes and lessons learned along the way.

Michigan Mental Health Evidence-Based Practice Initiative

In 2002, the Foundation began a quality improvement Initiative to improve mental health treatment by translating evidence-based medication guidelines and algorithms into daily clinical practice.

- The Foundation is presently in the third and final year of Phase II of the Initiative which involves implementing the action plan in six pilot sites. A multi-site evaluation is being conducted.
- Phase III of the Initiative will implement Michigan medication algorithms beyond the pilot projects to the State's entire mental health community. The implementation of the algorithms throughout the State will result in more consistent prescription and monitoring of drugs for people with major depression, schizophrenia or bipolar disorder.

Grantmaking Opportunities

A wide variety of grants were awarded to improve mental health service delivery. One-year grants were awarded to eleven organizations across Michigan.

- A one-year grant to Michigan Primary Care Associations was leveraged to provide further education on integrated health care and to develop a program to screen all children and

adolescents for mental illness across Federally Qualified Health Clinics statewide.

- The Mental Health Association of Michigan received a one-year grant for policy research to improve delivery of mental health care and services. A statewide coalition, Partners in Crisis, will focus on problems resulting from the over-incarceration of adults and children with mental illness.

As 2008 progressed, the Foundation quickly learned that just like many others, we were not immune from the economic difficulties and market downturn. The Foundation lost approximately one-third of assets during the year 2008. While the Foundation will not be able to fund new programs in 2009, we will continue to support the grant commitments already made. We also look for ways to leverage our grantmaking and seek to form new partnerships in this challenging environment to move our mission forward of improving the delivery of services for children, adolescents and adults with mental illness.



Leonard W. Smith
Chairman & CIO



Andrea M. Cole
*Executive Director
& CEO*

Children's Hospital of Michigan



Adolescent medicine specialists have a good rapport with their patients.



The staff of the Adolescent Medicine Clinic at Children's Hospital of Michigan. The team is looking forward to integrating mental health services into the primary care clinic.



A patient gets a health check-up at the Adolescent Medicine Clinic at Children's Hospital.

Grants Paid

Integrated Health Care Initiative

Children's Hospital of Michigan (Detroit, Michigan)	\$125,000
Implement integrate health care within the Adolescent Medicine Clinic which currently serves 1,000 youth between 12 and 21 years old (first year of a three year, \$375,000 grant).	
Henry Ford Health System (Detroit, Michigan)	\$175,000
Implement integrated health care in seven school-based health centers within Detroit Public Schools that serve over 5,000 students (first year of a three year, \$525,000 grant).	
Oakland Primary Health Services (Pontiac, Michigan)	\$150,000
Implement integrated health care within the Pontiac clinic currently serving 2,700 children, adolescents and adults (first year of a two year, \$300,000 grant).	
Sinai Hospital of Greater Detroit (Detroit, Michigan)	\$150,000
Implement integrated health care within the hospital's primary care center which served 3,356 individuals in Northwest Detroit (first year of a three year, \$450,000 grant).	
St. Joseph's Mercy Oakland (Pontiac, Michigan)	\$150,000
Implement integrated health care within the hospital's Mercy Place Health clinic which serves 1,250 Oakland County individuals annually (first year of a three year, \$450,000 grant).	
Washtenaw Community Health Organization (Ypsilanti, Michigan)	\$150,000
Implement integrated health care to the children and adolescents population throughout five primary care clinics in Washtenaw County and development of additional integrated health care sites to serve children (first year of a three year, \$450,000 grant).	
Wayne State University-Department of Internal Medicine (Detroit, Michigan)	\$150,000
Implement integrated health care within the Wayne State University Detroit Medical Center Health Source Primary Clinic that serves 900 adults in Detroit (first year of a three year, \$450,000 grant).	
Western Wayne Family Health Centers (Inkster, Michigan)	\$125,000
Implement integrated health care in Inkster and Lincoln Park that will serve over 3,000 children and adults (first year of a three year, \$375,000 grant).	

Judson Center



Judson Center's DBT Consultation Team.



Judson Center's Family Tree served as a great resource for the Grounding, Growth and Vision mindfulness exercise.

Starfish Family Services



Starfish Family Services' Lifespan Clinical Services division works with at-risk, vulnerable families to help prevent the negative affects of economic decline, poverty and family stress.

Grants Paid

Evidence-Based Practices and Programs

Community Care Services (Lincoln Park, Michigan)	\$125,000
Provide Illness Management and Recovery to adolescents in Lincoln Park (first year of a two year, \$250,000 grant).	
Detroit East (Detroit, Michigan)	\$125,000
Provide Multi-Group Psychoeducation Program for adolescent population in Detroit (first year of a two year, \$250,000 grant).	
Henry Ford Cottage Hospital (Detroit, Michigan)	\$70,000
Implement Dialectical Behavioral Therapy in inpatient and partial hospitalization setting (first year of a two year, \$140,000 grant).	
Judson Center (Royal Oak, Michigan)	\$120,000
Provide Dialectical Behavioral Therapy and Parent Management Training - Oregon Model to families (first year of a two year, \$240,000 grant).	
Kadima (Southfield, Michigan)	\$125,000
Provide combined Motivational Interviewing and Cognitive Behavioral Therapy in a residential setting (first year of a two year, \$250,000 grant).	
Northeast Guidance Center (Detroit, Michigan)	\$125,000
Enhance Assertive Community Treatment with supportive employment component (first year of a two year, \$250,000 grant).	
Regents of the University of Michigan (Ann Arbor, Michigan)	\$100,000
Implement a sustainable funding model for evidence based Chronic Care Model based depression disease management program (first year of a two year, \$200,000 grant).	
Rose Hill Center (Holly, Michigan)	\$80,000
Implement Dialectical Behavioral Therapy in a residential treatment setting (first year of a two year, \$160,000 grant).	
Southwest Counseling Solutions (Detroit, Michigan)	\$125,000
Provide Illness Management and Recovery Program to adult population (first year of a two year, \$250,000 grant).	
Starfish Family Services (Inkster, Michigan)	\$50,000
Provide Family Psychoeducation Program for adolescent and their families in Western Wayne County (first year of a two year, \$100,000 grant).	

Partners in Crisis



*Speaker Mark Reinstein,
President of Mental Health
Association of Michigan*



Partners in Crisis is a statewide coalition that focuses on problems resulting from the over-incarceration of adults and children with mental illness. A press conference was recently held in Lansing, Michigan.



*Speaker Greg Boyd,
Partners in Crisis
Coordinator*

Grants Paid

Grantmaking Opportunities

Association for Children's Mental Health (Lansing, Michigan)	\$48,000
Improve organizational capacity of this state-wide family-driven organization by developing an online learning center to support children and families and link them to resources.	
Detroit Institute for Children (Detroit, Michigan)	\$50,000
Create the only Neurodevelopment Clinic for children with undiagnosed development delays in the City of Detroit to serve approximately 1,130 children and their families annually.	
Henry Ford Health System (Detroit, Michigan)	\$50,000
Fund the neuropsychological portion of a comprehensive assessment for autism at The Henry Ford Center for Autism and Development Disabilities. Program intends to screen 1,200 children.	
Mental Health Association of Michigan (Southfield, Michigan)	\$50,000
Fund policy research and evaluation to improve delivery of mental health care and services in the State of Michigan by focusing on problems resulting from the over-incarceration of adults and children.	
Michigan Primary Care Association (Lansing, Michigan)	\$50,000
Improve organizational capacity of 29 state-wide community health centers and three Federally Qualified Health Clinic look alikes by integrating mental health services to children and adolescents into their primary care settings.	
National Alliance on Mental Illness (NAMI)-Michigan (Lansing, Michigan)	\$50,000
Build capacity of the Michigan affiliate of national NAMI program. NAMI currently reaches 2,500 member families statewide.	
Regents of the University of Michigan (Ann Arbor, Michigan)	\$50,000
Develop and evaluate a new version of Motor City MINDS program (anti-stigma and school based mental health public education program) appropriate for 5th graders in two Oakland County school districts.	
Training and Treatment Innovations, Inc. (Oxford, Michigan)	\$35,000
Enhance staff development in critical skills associated with evidence-based practices and substance abuse services.	
Washtenaw Community Health Organization (Ypsilanti, Michigan)	\$45,000
Develop and implement an electronic health record (EHR) based chronic disease prevention.	
Wayne State University (Detroit, Michigan)	\$41,000
Facilitate integrated care training for mental health specialists working in primary care settings.	
Wayne State University (Detroit, Michigan)	\$48,000
Expand access to Dialectical Behavioral Therapy to individuals with serious mental illness.	

Grants Paid

Initiated Projects

Michigan Evidence-Based Practice Initiative: Phase II 2008 Funding of Three Year Project to Six Pilot Projects as follows:

Henry Ford Health System	\$65,000
St. Joseph Mercy Health / Huron Valley Physicians	\$60,000
Rose Hill Center/Wayne State University	\$78,750
Washtenaw Community Health Organization	\$56,750
Michigan Department of Community Health for LifeWays and Network 180	\$72,500

Michigan Evidence-Based Practice Initiative Phase II

Washtenaw Community Health Organization

Drs. Barry and Blow Multi-Site Evaluation **\$69,000**

Michigan Evidence-Based Practice Initiative: Phase II Facilitate Implementation of Evidence-Based Practices through Establishment of Pilot Projects:

Public Sector Consultants (Consulting Contracts) **\$40,102**

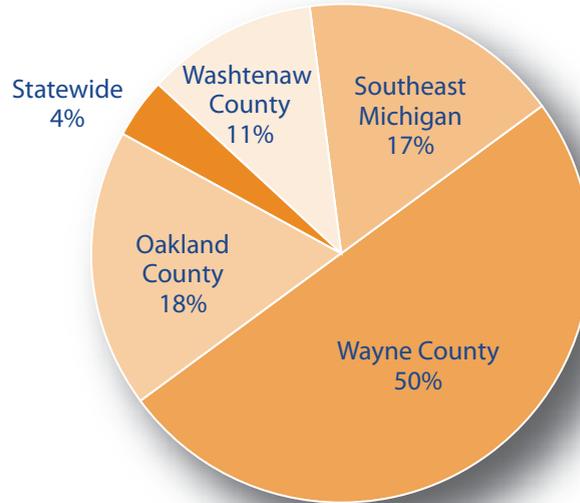
Mental Health Association in Michigan

Follow-up to 2004 Report of Mental Health Commission **\$25,000**

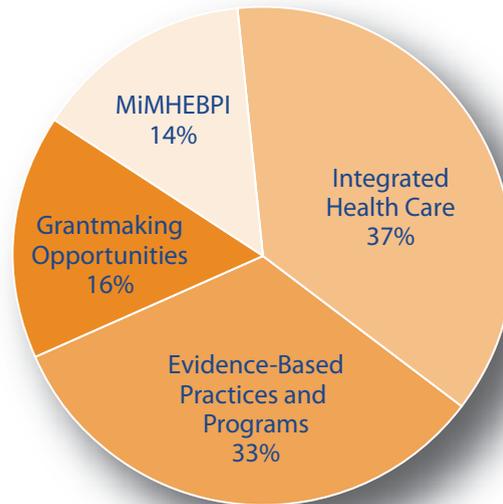
Total Grants

\$3,204,102

Distribution of Grants by Geographic Area



Distribution of Grants by Program Area



Balance Sheet

December 31, 2008

ASSETS

Cash

Payroll	\$	5,582	
MiMHEBPI		<u>5,949</u>	\$ 11,531

Money Market 1,893,695

Bonds 8,664,190

Equities 17,993,557

Multi Asset Funds 5,989,638

Alternatives

Marketable/Hedge 5,260,207

Marketable/Hard Assets 6,247,100

Mining 457,958

Private Equity 301,705

\$ 46,819,581

LIABILITIES

0

TOTAL ASSETS AND LIABILITIES 12/31/08

\$ 46,819,581

CHANGE IN ASSETS AND LIABILITIES

Beginning Assets and Liabilities 12/31/07 \$ 68,864,302

Revenues \$ 2,763,407

Expenses 3,829,581 (1,066,173)

Unrealized Capital Gains 12/31/07 \$ (390,355)

Unrealized Capital Gains 12/31/08 (22,268,917) (21,878,562)

Distribution from Ethel G. Flinn Trust 01/01/08 \$ 14

Distribution from James H. Flinn, Jr. Estate 07/17/08 900,000 900,014

TOTAL ASSETS AND LIABILITIES 12/31/08

\$ 46,819,581

Statement of Revenues and Expenses

December 31, 2008

	<u>2007</u>	<u>2008</u>
REVENUES		
Interest	\$ 351,331	\$ 801,587
Dividends	629,597	972,229
Mining Royalties	196,121	86,698
Realized Capital Gains	615,910	(877,558)
Mutual Fund Capital Gains	1,940,050	1,685,122
Other	30,481	95,229
TOTAL REVENUES	<u>\$ 3,763,490</u>	<u>\$ 2,763,407</u>
EXPENSES		
Investment Expenses	\$ 56,392	\$ 17,827
Administrative Expenses	289,402	563,684
Investment Income Tax	31,986	69,331
MiMHEBPI Fund Raising	53,090	0
Grantmaking Expenses	1,580,697	3,178,739
TOTAL EXPENSES	<u>\$ 2,011,567</u>	<u>\$ 3,829,581</u>

Foundation Benefactors

Ethel “Peggy” W. Flinn
James “Jim” H. Flinn, Jr.

April 21, 1911 - February 7, 1994
September 6, 1915 - February 8, 2007

Trustees

Leonard W. Smith
David E. Nims
Lynn Carpenter
Allen Ledyard
J. Peter Smith (*Retired 2008*)

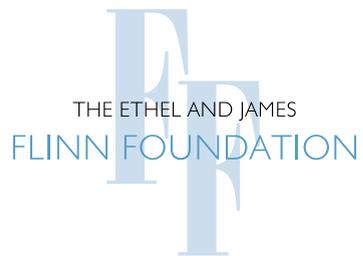
Officers and Staff

Leonard W. Smith
Allen Ledyard
David E. Nims
Andrea M. Cole
Arnita M. Thorpe

Chair of Board and Chief Investment Officer
Treasurer
Vice Chair and Secretary
Executive Director, Chief Executive Officer
Executive Assistant

Inquires

Andrea M. Cole
Executive Director and CEO
333 West Fort Street
Suite 1950
Detroit, MI 48226
(313) 309-3436
acole@flinnfoundation.org



THE ETHEL AND JAMES

FLINN FOUNDATION

333 West Fort Street

Suite 1950

Detroit, MI 48226