



ETHEL & JAMES

FLINN FOUNDATION



Who We Are

The Ethel and James Flinn Foundation was established in 1976 by Ethel “Peggy” W. Flinn to remember her parents Ethel G. and James H. Flinn and her brother, James “Jim” H. Flinn, Jr. and to provide a means for family philanthropy. The Foundation was originally established as a charitable nonprofit corporation under Michigan laws and Section 501(c)(3) and 509(a) (3) of the Internal Revenue Code but was reclassified in 2005 as a private foundation under Section 501(c)(3).

Mission

The Flinn Foundation is committed to improving the quality, scope and delivery of mental health services in Michigan. The Foundation uses its resources to develop, evaluate and implement best practice treatment programs.



How to Apply for a Grant

We offer grant opportunities through an annual competitive Request for Proposals (RFP) process. The Foundation’s named supported organizations and the broader universe of non-profits that deliver mental health care and services in southeast Michigan (Wayne, Oakland, Macomb and Washtenaw) are eligible.

Grants are awarded once a year in September. Listed below is the typical timeline and process for applying for a grant:

FUNDING PROCESS AND TIMELINE

Late May	Open RFPs announced
Late July	Deadline for proposal applications
Late September	Notification of grant decision
Late November	Grant funds awarded
January	Grant term begins

Please contact our office or visit our website at www.flinnfoundation.org for further information on the Foundation’s funding priorities.

The Flinn Family

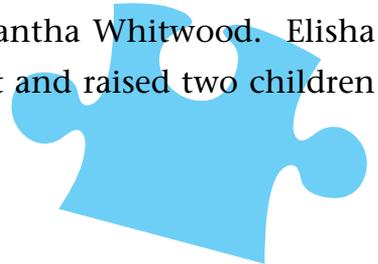


Ethel "Peggy" W. Flinn



James "Jim" H. Flinn, Jr.

The Ethel and James Flinn Foundation traces its roots three generations back to Elisha Flinn. He was born in 1843 and lived in New York State until coming to Detroit in 1865 to enter the practice of law. Elisha Flinn's clients were companies involved in natural resources but he gradually discontinued the practice of law to enter the business of buying and selling pine timber in Michigan. He developed a partnership with his former law partner under the name of Robinson and Flinn and when there was little pine timber remaining in Michigan they moved their activities to other states and later to Minnesota. Robinson and Flinn, associated with others from Michigan, purchased considerable acreage of timber land in Minnesota. In 1892 iron ore was found on their Minnesota properties and from that time until his death in 1911 Elisha Flinn's principal business was iron ore mining in and around Eveleth, Minnesota. He was president of the Lake Superior Iron and Chemical Company, a vice president of old Detroit National Bank and a director of the Wayne County Savings Bank and the Detroit Trust Company. In 1871 he married Samantha Whitwood. Elisha and Samantha lived on Putnam Avenue in Detroit and raised two children James H. and Mary W.



James H. Flinn married Ethel Garretson in 1906. Ethel and James raised three children, George, Ethel “Peggy” W. and James “Jim” H., Jr. It was Ethel and James who set the course for the Ethel and James Flinn Foundation.

Peggy Flinn with her cousin and lawyer established the Foundation in 1976. Her intent was to remember her parents, Ethel and James and her brother, Jim Flinn, Jr. and to consolidate and direct the family’s philanthropy toward the purposes already expressed by her parents in their trusts documents; “research into the causes and/or research into the treatment of nervous and mental diseases.” Peggy graduated from Columbia Presbyterian College of Nursing in New York as a registered nurse and was a volunteer nurse with the Red Cross during World War II. She was particularly interested in children and was a longtime and life member of the Board of Trustees of Children’s Hospital of Michigan. Her life passion was horses. She owned, rode and showed champion horses throughout the country. She was a life member of the American Horseshow Association. She provided initial funding to the Foundation during her lifetime and left an endowment to the Foundation upon her death in 1994.

Jim Flinn, Jr. attended Princeton and Babson University. He was diagnosed with schizophrenia in his early 20’s and following the death of his father in 1952 resided for the rest of his adult life at the St. Joseph Mercy Health System in Ann Arbor, Michigan. The caregivers at St. Joseph Mercy Hospital provided a unique, close, caring and supportive environment that contributed to Jim’s long life and to his good quality of life. Jim’s interests were many and varied; reading, history, University of Michigan football, movies, gardening, bike riding and traveling. Helping the disadvantaged and philanthropy were of special interest to him. In later years he made substantial contributions to the Foundation and to charities generally. Upon Jim’s death in 2007, all of the Flinns’ interests were transferred to the Foundation leaving as a legacy a philanthropic foundation to improve the lives of people with mental illness.

Annual Letter

The Foundation has always focused on advancing evidence-based mental health treatment programs and practices in our state. The Affordable Care Act (ACA) provides many funding opportunities to implement best practices that enhance and improve public health care delivery systems. We will work hard to leverage those available resources to improve services and outcomes for people of Michigan with mental illness.

Michigan Medication Quality Improvement Program (MiMQIP)

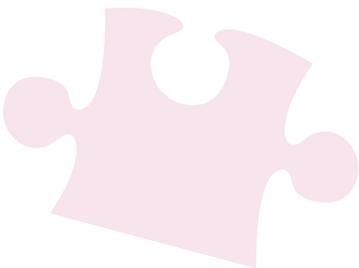
The ACA promotes innovative models of service delivery including the meaningful use of health information technology. MiMQIP is a web-based clinical decision support system developed by the Foundation to help doctors and clinicians decrease excessive variability in psychiatric medication treatment. The application provides a patient database, automatic staging, feedback on clinical decisions and rating scales for assessing treatment outcomes among other features.

- The Foundation will partner with community mental health providers and primary care settings to phase in implementation across southeast Michigan.

Integrated Care

To increase access to mental health services and promote early intervention and treatment, the Foundation continues to advance the integration of mental health services into primary care settings throughout southeast Michigan.

- The Foundation partnered with the Michigan Department of Community Health to pilot Screening Kids in Primary Care Plus (SKIPP) - a standardized mental health screening, assessment, treatment and follow-up process for Wayne County children enrolled in Medicaid.



Trauma Informed Care

A significant number of children and adults receiving care in the public mental health system have been exposed to a history of violence, trauma and abuse. Understanding the impact of trauma is critical to providing effective treatment.

- The Foundation partnered with Holy Cross Children's Services, Detroit Central City Community Mental Health and Starr Commonwealth to develop, evaluate and implement trauma-informed treatment approaches into their service delivery systems.

Military Families

While the prevalence of mental health problems among active military members and veterans is well documented, spouses and families experience similar levels of symptoms and distress as a result of their partner's deployment. Most existing military health programs focus on services for active members.

- The Foundation partnered with the University of Michigan Depression Center to expand their Military Support Programs and Networks (M-Span) throughout southeast Michigan.

Grants Summary

In total, the Foundation awarded \$1.7 million in grants for the year. Eight two-year grants were awarded to develop and implement evidence-based treatment programs and practices. Three continuation grants were awarded to integrate mental health services into primary care settings throughout southeast Michigan. Eighteen one-year grants were awarded for a wide variety of projects that address organizational capacity, awareness and education, advocacy, policy research and evaluation.

Investment Portfolio

Investment results paused from the strong rebound with a total return of (1.1%) for the year. The extreme market volatility during the third quarter of 2011 negatively affected the Foundation's investment portfolio. Net assets after all grantmaking and expenses decreased from \$59.1 million to \$55.2

million. Looking ahead, the Foundation has reorganized its investment management, custody and consultant relationships.

IPEX, Inc. was hired as the Foundation's new investment consultant. The Foundation's portfolio is positioned with the intent of balancing aggressive expected returns from certain investment classes with the more defensive returns from asset classes that are more sensitive to low risk and liquidity.

In closing, we will continue to partner with mental health providers to integrate effective treatment and services for children and families into the community faster.



A handwritten signature in black ink that reads "Leonard W. Smith".

Leonard W. Smith
Chairman & CIO



A handwritten signature in black ink that reads "Andrea M. Cole".

Andrea M. Cole
Executive Director & CEO

Jim Flinn, Jr. and Leonard Smith



The Flinn Foundation's Board Chair, Leonard W. Smith, presenting Jim Flinn, Jr. with a plaque at his 90th birthday celebration in 2005. The award honored him for his inspiration and support in assisting people with mental illness.

Grants Paid

Integrated Care Initiative

Adult Well-Being Services (Detroit, MI) \$25,000

To support an integrated health pilot to address health disparities in adults with severe mental illness living in adult foster care homes. (second year of a three year, \$75,000 grant).

Children's Hospital of Michigan (Detroit, MI) \$100,000

To sustain the integration of mental health care and treatment into the Adolescent Medicine Primary Clinic which currently serves 1,000 youth between 12 and 21 years old.

Detroit Community Health Foundation (Detroit, MI) \$100,000

To sustain the integration of mental health services within Sinai-Grace Hospital's primary care center which serves 3,400 patients annually.

Henry Ford Health System (Detroit, MI) \$100,000

To sustain the integration of mental health care and treatment into seven school-based health centers in Detroit Public Schools that serve 5,000 students.

Evidence-Based Practices and Programs

Adult Well-Being Services (Detroit, MI) \$100,000

To implement Integrated Dual Disorder Treatment program (IDDT) for consumers with substance abuse and mental disorders (first year of a two year, \$200,000 grant).

Detroit Central City Community Mental Health (Detroit, MI) \$100,000

To implement the Trauma Recovery and Empowerment Model (TREM) to better engage adolescents in mental health treatment (first year of a two year, \$200,000 grant).

Michigan Department of Community Health (Lansing, MI) \$200,000

To implement Screening Kids in Primary Care Plus (SKIPP) – a standardized mental health screening, assessment, treatment and follow-up process for Medicaid eligible children in Wayne County (first year of a two year. \$400,000 grant).

Grants Paid

Evidence-Based Practices and Programs (continued)

Regents of University of Michigan (Ann Arbor, MI) \$85,000

To pilot a Modified Sleep Program for adolescents with depression as an alternative to medication treatment (first year of a two year, \$170,000 grant).

Starfish Family Services, Inc. (Inkster, MI) \$75,000

To implement Parent Child Interaction Therapy (PCIT) for children ages 3 to 6 who have been diagnosed with a mental disorder (first year of a two year, \$150,000 grant).

Starr Commonwealth (Albion, MI) \$50,000

To evaluate the effectiveness of Trauma Informed Care for adjudicated and at-risk adolescents ages 13 to 17 (first year of a two year, \$100,000 grant).

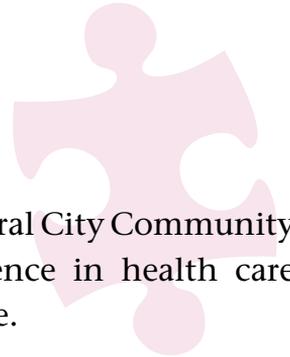
Training and Treatment Innovations, Inc. (Oxford, MI) \$50,000

To implement Trauma-Informed treatment approaches throughout behavioral health programming (first year of a two year, \$100,000 grant).

Wayne State University (Detroit, MI) \$100,000

To implement Motivational Interviewing techniques to better engage the homeless population residing in midtown Detroit (first year of a two year, \$195,000 grant).

Detroit Central City The Impact of Trauma



Irva Faber Bermudez is President and CEO of Detroit Central City Community Mental Health, Inc. (DCC) and has extensive experience in health care system leadership and behavioral health clinical practice.

“Many of the adults who come to us for help are **trauma** survivors who have a history of violence, abuse or traumatic experiences. By the time we see them, they are experiencing symptoms of a serious mental illness and a variety of co-morbid conditions that may have been prevented if we had been able to treat them before the illness became severe, and before co-occurring illness developed,” says Bermudez.

“We are so appreciative of the Flinn Foundation’s support that allows our agency to target young adults between the ages of 18 and 28,” Bermudez says. Advanced training in evidence-based **trauma informed approaches** will allow our staff to provide effective treatment and support services to this very vulnerable and underserved population.”

Grants Paid

Grantmaking Opportunities

Association for Children’s Mental Health (Lansing, MI) \$10,000

To provide general operating support to state advocacy organization that supports children and their families.

Covenant Community Care, Inc. (Detroit, MI) \$50,000

To expand mental health screening and treatment to all patients served at the Michigan Avenue health clinic.

Detroit Community Health Connection (Detroit, MI) \$9,000

To support the Healthy Teens Community Center, a school-linked clinic that provides care and services to 3,000 Detroit high school students annually.

Detroit Educational Television Foundation (Wixom, MI) \$25,000

To support a one-hour television documentary on bipolar disorder, as told through the Prechter family experience.

Detroit Health Care For The Homeless, Inc. (Detroit, MI) \$50,000

To develop an integrated care delivery model in three Detroit health clinics in partnership with a community mental health provider.

Detroit Youth Foundation (Detroit, MI) \$48,000

To develop a campaign to raise awareness among adolescents about mental illness and the negative impact of stereotypes and stigma.

Detroit Wayne County Community Mental Health Authority (Detroit, MI) \$49,000

To train infant mental health professionals serving high-risk infants/toddlers in Wayne County.

University of Michigan Depression Center Helping Military Families



Michelle Kees, Ph.D., a child psychologist with the University of Michigan Depression Center, has extensive experience in working with families under stress and at high risk for mental health issues and leads **HomeFront Strong**, a project to help the families of service members and veterans build resilience and enhance their mental wellness.

“Military families are often overwhelmed by the many challenges – to relationships, parenting, and communication – that can arise during the deployment cycle,” says Kees. “Yet most military mental health programs focus on the needs of the service member, with only limited support extended to the family members who are also facing challenges and we intend to fill this void.”

HomeFront Strong was created to promote positive adjustment and help counteract mental health symptoms in military spouses and partners. The long-term goal, after piloting, evaluating, and refining the program, is to disseminate **HomeFront Strong** broadly across the country for use by other mental health service providers working with military families.

“Funding from the Flinn Foundation has been pivotal to launching **HomeFront Strong** in Michigan,” Kees says. “Military families have made enormous sacrifices in our communities, and it is an honor to partner with the Foundation in giving back.”

Grants Paid

Grantmaking Opportunities (continued)

Ennis Center for Children, Inc. (Flint, MI)

\$40,000

To provide early screening, assessment, and mental health treatment for children ages 3 to 19 entering foster care with a moderate mental health diagnosis.

Goodwill Industries of Greater Detroit (Detroit, MI)

\$25,000

To build capacity of “A Place of Our Own Clubhouse” a psychosocial rehabilitation program that provides services to adults with severe mental illness.

Holy Cross Children’s Services (Clinton, MI)

\$30,000

To implement Trauma-Focused Cognitive Behavior Therapy treatment for children and adolescents in foster care and residential services.

Judson Center (Royal Oak, MI)

\$30,000

To implement Motivational Interviewing techniques into core mental health treatment services.

Mariners Inn (Detroit, MI)

\$48,000

To provide Motivational Interviewing training to staff and peer support specialists.

Mental Health Association in Michigan (Southfield, MI)

\$50,000

To conduct a study to determine level of uniformity and standardization of practice across public mental health delivery system.

Mental Health Association in Michigan (Southfield, MI)

\$10,000

To provide general operating support to state policy and research advocacy organization that supports youth and adults experiencing mental illness.

Grants Paid

Grantmaking Opportunities (continued)

National Alliance on Mental Health Michigan (Lansing, MI) \$10,000

To provide general operating support to state advocacy organization that supports consumer and family involvement in care, treatment and recovery.

Regents of University of Michigan (Ann Arbor, MI) \$50,000

To expand Military Support Programs and Networks (M-SPAN) that target spouses/partners of active military members.

Southwest Counseling Solutions (Detroit, MI) \$50,000

To implement wellness programming for Wayne County consumers with mental illness.

St. Joseph Mercy Oakland (Pontiac, MI) \$50,000

To implement screening and assessment process to detect perinatal depression in Birthing Center and Women's Center.

Wayne State University (Detroit, MI) \$50,000

To integrate mental health screening and intervention services for Macomb County refugee children into program that currently only serves adults.

Matching Gifts Program, Consulting Contracts, Contributions, Dues and Returned Grants \$452,442

Total Grants \$2,221,442



Balance Sheet

December 31, 2011 (presented on a modified cash basis)

ASSETS (at fair value)

Cash

Retail Account	\$	99,142	
Investment		<u>50,364</u>	\$ 149,506
Money Market			516,165
Bonds			8,918,502
Equities			20,027,949
Multi Asset Funds			5,423,126
Alternatives			
Marketable/Hedge			9,415,796
Marketable/Hard Assets			8,082,176
Mining and Natural Gas			798,589
Private Equity			<u>1,819,813</u>
	\$		<u>55,151,622</u>

LIABILITIES

TOTAL ASSETS AND LIABILITIES 12/31/11 **\$ 55,151,622**

CHANGE IN ASSETS AND LIABILITIES

Beginning Assets and Liabilities 12/31/10	\$	59,050,949
Revenues	\$	1,523,427
Expenses		(3,176,842)
Investment Income Tax		<u>(7,224)</u>
Net Income	\$	(1,525,139)
Change in Unrealized Market Appreciation		<u>(2,238,687)</u>

TOTAL ASSETS AND LIABILITIES 12/31/11 **\$ 55,151,622**

Friend of Mental Health



The Flinn Foundation's Board Chair, Leonard W. Smith, was honored for his years of dedicated service as "Friend of Mental Health" at the Mental Health Association in Michigan's 75th anniversary celebration held on May 17, 2012 at the Troy Marriott.



Trustees



Flinn Foundation Board of Trustees and Officers

Front Row (left to right sitting):

Dr. Linda L. Hryhorczuk and Dr. Calmeze H. Dudley

Back Row (left to right):

Duane L. Tarnacki, Leonard W. Smith,
George A. Nicholson, III, Allen Ledyard and Lynn Carpenter

Trustee Emeritus

David E. Nims, III (1994 – 2010)

J. Peter Smith (1986 – 2008)

Foundation Benefactors

Ethel "Peggy" W. Flinn

Apr. 21, 1911 - Feb. 7, 1994

James "Jim" H. Flinn, Jr.

Sep. 6, 1915 - Feb. 8, 2007

Officers and Staff

Leonard W. Smith

Chairman of the Board,
Chief Investment Officer and
Treasurer

Andrea M. Cole

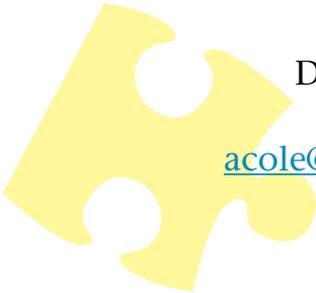
Executive Director and
Chief Executive Officer

Arnita M. Thorpe

Executive Assistant

Inquires

Andrea M. Cole
Executive Director and CEO
333 West Fort Street
Suite 1950
Detroit, MI 48226
(313) 309-3436
acole@flinnfoundation.org





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333 West Fort
Street
Suite 1950
Detroit, MI 48226