

## **EVIDENCE-BASED PRACTICES AND PROGRAMS – CHILDREN AND YOUNG PEOPLE**

### **Why Are We Funding Evidence-Based Practices and Programs?**

According to the National Institute on Mental Health (NIMH), 1 in 5 children ages 13 to 18 have, or will have, a serious mental illness with nearly half beginning by age 14 and 75% by age 24. However, many children and young people with mental health and substance use disorders do not receive the treatment they need. The purpose of this program area is to advance access to effective prevention, screening, early identification and behavioral health interventions for children and young people up to the age of 20 years old.

### **What are Evidence-Based Practices and Programs?**

The Foundation will primarily focus on implementing best practice programs supported by evidence. The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a comprehensive listing of children's mental health evidence-based practices websites <https://www.samhsa.gov/ebp-resource-center>. These EBPS are based on scientific principles and have demonstrated some level of efficacy.

### **What Is The Goal of This Program?**

The goal of this program is to expand the availability of effective community-based treatment practices and programs relating to behavioral health conditions for children, adolescents and young people. The Foundation awards two-year grants ranging from \$50,000 to \$75,000 per year to governmental agencies and non-profit organizations that provide behavioral health care and services in southeast Michigan (Wayne, Macomb, Oakland or Washtenaw) to implement and evaluate practices and programs that improve both the delivery of behavioral health services and treatment outcomes for children, adolescent and young adults 20 years and under.