



ETHEL & JAMES

FLINN FOUNDATION

2013 ANNUAL REPORT

OUR MISSION

The Ethel and James Flinn
Foundation is committed
to improving
the quality, scope and
delivery of mental health
services in Michigan.

The Foundation uses its
resources to develop, evaluate
and implement best practice
treatment programs.

www.flinnfoundation.org

OUR STORY

The Ethel and James Flinn Foundation was established in 1976 by Ethel “Peggy” W. Flinn. Her intent was to remember her parents, Ethel and James and her brother, Jim Flinn, Jr. and to consolidate and direct the families’ philanthropy toward the purposes already expressed by her parents in their trusts documents; “research into the causes and/or research into the treatment of nervous and mental diseases.” Peggy graduated from Columbia Presbyterian College of Nursing in New York as a registered nurse and was a volunteer nurse with the Red Cross during World War II. She was particularly interested in children and was a longtime and life member of the Board of Trustees of Children’s Hospital of Michigan. She provided initial funding to the Foundation during her lifetime and left an endowment to the Foundation upon her death in 1994.

Jim Flinn, Jr. attended Princeton and Babson University. He was afflicted with schizophrenia in his early 20’s and following the death of his father in 1952 resided for the rest of his adult life at the St. Joseph Mercy Health System in Ann Arbor, Michigan. The caregivers at St. Joseph Mercy Hospital provided a unique, close, caring and supportive environment that contributed to Jim’s long life and to his good quality of life. Jim’s interests were many and varied; reading, history, University of Michigan football, movies, gardening, bike riding and traveling. Helping the disadvantaged and philanthropy were of special interest to him. In later years he made substantial contributions to the Foundation and to charities generally. Upon Jim’s death all of the Flinn’s interests were transferred to the Foundation leaving as a legacy a philanthropic foundation that will improve the lives of children, adolescents and adults with mental illness.

OUR WORK

The Foundation continues to focus its grantmaking on advancing best practice mental health treatment programs that are not readily available in southeast Michigan.

Dear Friends,

The Foundation awards grants to programs that expand access to services, improve health outcomes and lead to recovery and improved quality of life for people with mental illness. Following are the highlights of the Foundation's major program areas and 2013 grantmaking activities.

Michigan Medication Quality Improvement Program (MiMQIP)

This program area focuses on maximizing the use of Clinical Practice Guidelines in the prescribing and monitoring of medication for major depression, schizophrenia and bipolar disorder. The Foundation has developed a web-based clinical support application to help clinical prescribers decrease excessive variability and integrate evidence-based standards of care in medication treatment. MiMQIP will be fully developed by the end of 2014 and piloted in community mental health and primary care settings in 2015.

Evidence-Based Practices and Programs

This program area accelerates implementation of best practice psychotherapy treatment programs, early intervention and mental health treatment in primary care settings, as well as programs that divert children and adults with mental illness from the criminal justice system into treatment. The Foundation partnered with the Michigan Department of Community Mental Health



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to pilot a standardized mental health screening, assessment, treatment and follow-up process for Wayne County Medicaid eligible children seen in primary care settings. The pilot is now being used to inform development of a delivery model for adults.

Grantmaking Opportunities

This program area focuses on improving mental health service delivery through increasing access to care, organizational capacity building, advocacy support, public policy research, and awareness and education initiatives. The Foundation recently collaborated with other local funders to support the expansion of Federally Qualified Health Centers that provide integrated care. As a result, Covenant Community Care opened its new Moross clinic on the City of Detroit’s underserved eastside in April 2014.

The Foundation is pleased to announce the addition of two new Trustees to the Board, the Honorable Freddie G. Burton, Jr. and Jack Kresnak. We want to thank you for interest in our Foundation and its mission to improve the quality, scope and delivery of mental health services in Michigan.



Leonard W. Smith
Chairman & CIO



Andrea M. Cole
Executive Director & CEO



“We’re seeing kids that were diagnosed with labels of ADHD or oppositional defiance, and what really is behind it is trauma.

We want to have trauma recognized up front and get that intervention sooner.”



Uriel Stephens
Director of Family Services
Easter Seals Michigan



EASTER SEALS MICHIGAN

Building a Team for Trauma Informed Care

The pervasive and damaging impact of trauma on children and families may be traced to many factors, including physical, mental, or sexual abuse. Life events, such as witnessing a violent act or being placed in foster care, can also alter the development, emotions and behaviors of children.

Determining the extent of trauma's effects on children is among the challenges for behavioral health providers. Now, Waterford-based Trauma Assessment Center formed by Easter Seals Michigan, in partnership with the Flinn Foundation and other organizations, is bringing the benefits of comprehensive team assessments to children and their families. The result is a process for accurate diagnosis and quicker intervention and treatments for children with behavioral and development issues.

In its first year, children receiving a Neuro-developmental Assessment showed improvement through a reduction in CAFAS scores, the Michigan method of determining the effectiveness of treatment. The continued involvement of Community Mental Health, Michigan Department of Human Services and coordinating agencies is also a key to expanding trauma informed care for children in southeast Michigan and around the state.



“We really have this working like a machine.

We’ve been very successful at training providers. While the VA and various Veterans Centers may offer excellent assistance, a sizable portion of veterans won’t go there for a number of reasons, so having civilian providers is a huge thing.”



Adrian Blow, PhD
*Director of Department of
Human Development and
Family Studies
Michigan State University*



STAR BEHAVIORAL HEALTH PROVIDERS

Meeting the Needs of Those Who Serve

Michigan's military families are gaining greater access to mental health services through the Star Behavioral Health Providers (SBHP), a network of licensed professionals being trained to effectively treat those who may be vulnerable to military-related conditions.

Developed and administered by Michigan State University's Department of Human Development and Family Studies, SBHP's training activities range from Taylor to Grayling to Marquette, recognizing that many military families live in underserved, rural areas of the state. As a result, the reach of services can be extended by hundreds of newly trained Michigan-based professionals skilled in providing treatment for military-related trauma and other issues. The program has also fortified the national online registry of licensed professionals that are equipped to provide care.

With stellar involvement of the Michigan Army National Guard, which hosts trainings at armories throughout the state, The Center for Deployment Psychology, and the Purdue University-based Military Family Research Institute, SBHP training is bringing advanced treatment for Post-traumatic Stress Disorder and other behavioral health services into the communities where they are needed the most.



“This method of intervention focuses on the wellness of the whole person, supports the overall goal of decreasing the risk of recidivism in courts, and works towards *minobinmaadziwin* (a good life).”



Tina Louise LMSW, MSW
*Director of Behavioral Health
and Recovery
American Indian Health and
Family Services*



AMERICAN INDIAN HEALTH AND FAMILY SERVICES (AIHFS) OF SOUTHEAST MICHIGAN

Supporting “A Good Life”

For young adults in American Indian, Alaskan Native and First Nations populations involved in the criminal justice system, a path to a productive life is in the works. A new program developed by the American Indian Health and Family Services (AIHFS) of Southeast Michigan aims to provide life-changing, culturally-informed services which begin with development of a new process to identify those in the court system from these underserved populations.

“The collaborative efforts between AIHFS and partnering courts and agencies to identify American Indian, Alaskan Native and First Nations young adults in the criminal justice system will increase access to community based and culturally responsive behavioral health services,” says Tina Louise, AIHFS Director of Behavioral Health and Recovery.

A full range of services, including psychological evaluations, substance abuse counseling, and educational and career-based guidance, will be offered through the program. Young adults 18 to 26 are targeted. In its early stages, the Ojibwa-named project, G’wiidanokiindimi ezhiminobimaadiziwaad, (*All of Us Working Are Together So They Can Live Well*) is building a foundation for bringing change and opportunity.



“I believe
it is transformative.
Patients can take
something with them
– a skill that they can
realize in their life.”



Dr. Debra Hollander, PhD
Director of Behavioral Medicine
St. John Providence Health System



ST. JOHN PROVIDENCE HEALTH SYSTEM

Striving for Better Outcomes Through Evidence-Based Practices

St. John Providence Health System has a huge footprint in Behavioral Medicine in Wayne, Oakland, and Macomb Counties, with approximately 38,000 individuals and families who received services.

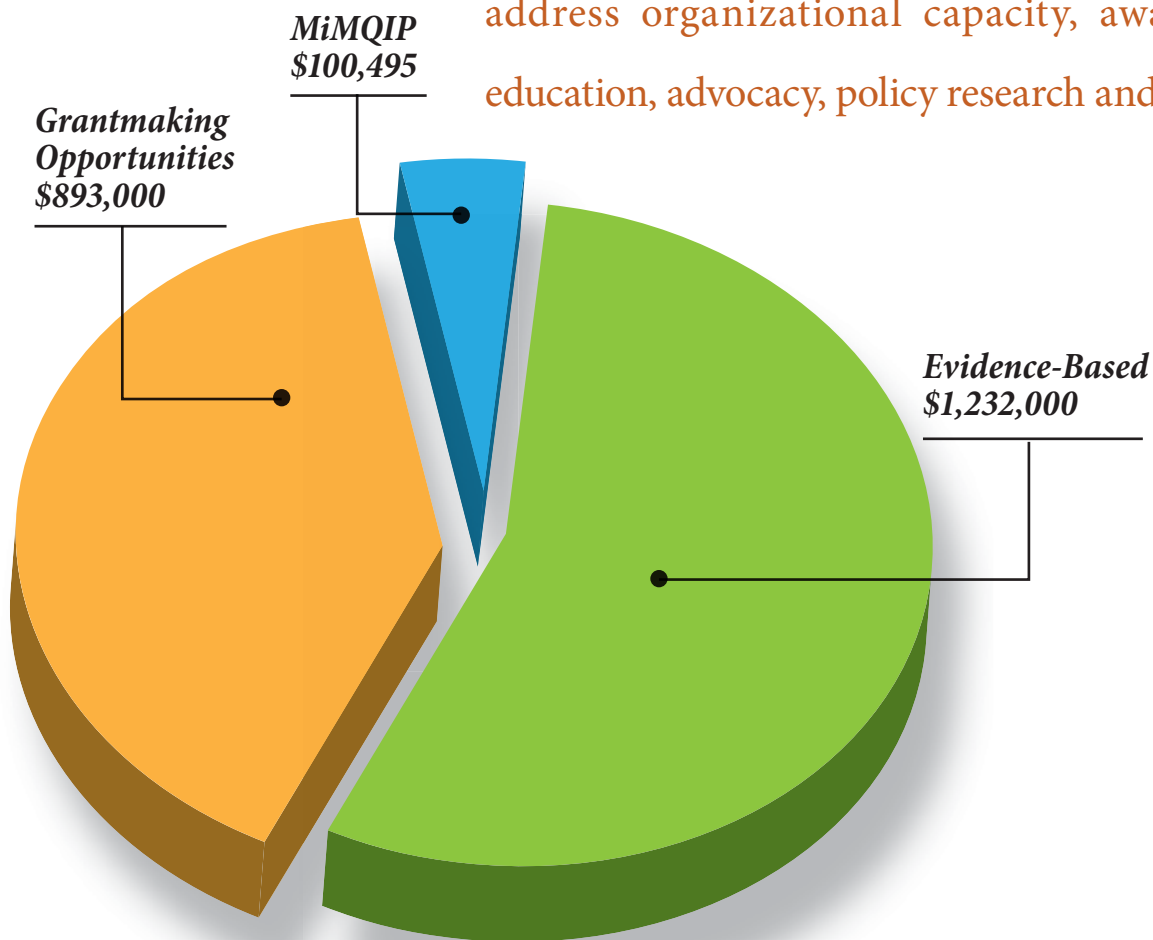
With the broad scope of its services, a new initiative to train staff in Evidence-Based Practices (EBP) can have enormous impact in successful patient outcomes. Training sessions are underway that will certify staff in treatment modalities, specifically Dialectical Behavior Therapy and Motivational Interviewing.

With support from the Flinn Foundation, intensive training will be provided for identified physicians, social workers, psychologists, registered nurses, and substance abuse counselors to become certified in EBP training in Dialectical Behavior Therapy.

“It’s really about creating something that has quality, consistency, and predictability, something that’s been shown to be effective, and it winds up saving money,” says Debra Hollander, PhD, St. John Providence Director of Behavioral Medicine. Across the St. John Providence Health System, there has been a shift from individual behavioral health programs to an evidence-based treatment philosophy. The goal is for better outcomes for patients who are empowered with new skills that help them manage their symptoms.

GRANT SUMMARY

In total, the Foundation awarded \$2.2 million in grants for the year. Fifteen two-year grants were awarded to develop and implement evidence-based treatment programs and practices. Twenty-two one-year grants were awarded for a wide variety of projects that address organizational capacity, awareness and education, advocacy, policy research and evaluation.



EVIDENCE-BASED PRACTICES AND PROGRAMS

Multi-year grant awards to research, develop and implement best practice mental health treatment programs.

American Indian Health and Family (Detroit, MI)	\$100,000
To implement Trauma-Focused Cognitive Behavioral Therapy treatment program for American Indian/Alaskan Native and First Nations populations in the criminal justice system (first year of a two-year, \$200,000 grant).	
Catholic Charities of Southeast Michigan (Royal Oak, MI)	\$55,000
To implement an integrated treatment program for co-occurring mental and substance use disorders (first year of a two-year, \$110,000 grant).	
Detroit Central City CMH (Detroit, MI)	\$50,000
To expand Young Adult Program Jail Diversion services for young adult offenders aged 18-28 with mental illness who are transitioning in and out of jail (first year of a two-year, \$100,000 grant).	
Detroit Community Health Connection (Detroit, MI)	\$100,000
To integrate mental health services into the clinic that serves 5,000 patients annually (final year of a three-year, \$300,000 grant)	
Detroit Health Care For The Homeless, Inc. (Detroit, MI)	\$50,000
To develop an integrated care delivery model in two Detroit health clinics in partnership with a community mental health provider (second and final year, \$100,000 grant).	
Easter Seals-Michigan, Inc. (Auburn Hills, MI)	\$75,000
To develop a Southeastern Michigan Trauma Assessment Center to address the needs of children experiencing behavioral health issues (second and final year, \$150,000 grant).	

EVIDENCE-BASED PRACTICES AND PROGRAMS

Multi-year grant awards to research, develop and implement best practice mental health treatment programs.

<p>Jewish Family Service (West Bloomfield, MI) To implement the Acceptance and Commitment Therapy model into delivery system (first year of a two-year, \$124,000 grant).</p>	\$62,000
<p>Michigan State University (East Lansing, MI) To train a network of licensed mental health professionals to serve Military families that live in underserved, rural areas of Michigan (second and final year, \$200,000 grant).</p>	\$100,000
<p>Neighborhood Service Organization (Detroit, MI) To implement "Illness Management and Recovery" in a supportive housing setting for residents with severe mental illness (second and final year, \$100,000 grant).</p>	\$50,000
<p>Regents of the University of Michigan (Ann Arbor, MI) To train a network of licensed mental health professionals in treatment interventions developed specifically for families of active military members (first year of a two-year, \$200,000 grant).</p>	\$100,000
<p>Regents of University of Michigan (Ann Arbor, MI) To expand Military Support Programs and Networks (M-SPAN) that target spouses/partners of active military members (second and final year, \$190,000 grant).</p>	\$95,000

Regents of University of Michigan (Ann Arbor, MI)	\$100,000
To design and implement a tele-psychiatry model for urban primary care settings serving Medicaid-eligible youth in southeast Michigan (second and final year, \$200,000 grant).	
Southwest Counseling Solutions (Detroit, MI)	\$100,000
To implement wellness programming to address blood pressure and high cholesterol for consumers with severe mental illness (second and final year, \$200,000 grant).	
St. John Providence Health System (Southfield, MI)	\$100,000
To implement Dialectical Behavior Therapy and Motivational Interviewing treatment programs throughout the delivery system (first year of a two-year, \$200,000 grant).	
Wayne State University (Detroit, MI)	\$95,000
To support the "Detroit Baby Court" which bring the courts, child welfare and community mental health together to provide mental health services to young mothers ages 15-25 at risk of losing custody of their young children (second and final year, \$190,000 grant).	

GRANTMAKING OPPORTUNITIES

One-year awards to improve organizational capacity of mental health providers; increase awareness and education; support consumer and policy research advocacy; and advance early screening and assessment.

Adult Well-Being Services (Detroit, MI)	\$50,000
For policy research and evaluation to improve delivery of mental health care and services by focusing on improving services in adult foster care homes.	
Association for Children’s Mental Health (Lansing, MI)	\$10,000
For general operating support to state advocacy organization that supports children with serious emotional disorders and their families.	
Association for Children’s Mental Health (Lansing, MI)	\$20,000
To improve organizational capacity of state advocacy organization that supports children with serious emotional disorders and their families.	
Corner Health Center (Ypsilanti, MI)	\$50,000
To develop and pilot an integrated care model for adolescents served at the primary care clinic.	
Covenant Community Care, Inc. (Detroit, MI)	\$50,000
To implement mental health services into the new Moross primary care clinic.	
Covenant House Michigan (Detroit, MI)	\$50,000
To implement mental health services into the delivery system that serves vulnerable at-risk youth.	

Detroit Educational Television Foundation (Wixom, MI) To support a one-hour public television production about bipolar disorder to be aired in Michigan and across the country.	\$25,000
Ennis Center (Flint, MI) To train 15 clinical staff at Ennis in Trauma-Focused Cognitive Behavioral Therapy.	\$47,000
The Guidance Center (Southgate, MI) To provide family-centered early intervention services.	\$35,000
Mental Health Association in Michigan (Southfield, MI) To improve organizational capacity of state advocacy organization that supports children with serious emotional disorders and their families.	\$10,000
Mental Health Association in Michigan (Southfield, MI) For policy research and evaluation to improve delivery of mental health care and services in Michigan by focusing on problems ensuing from the over-incarceration of adults and children with mental illness.	\$50,000
Michigan Association for Infant Mental Health (Southgate, MI) To expand training for infant mental health professionals serving high-risk infants/toddlers in Wayne County.	\$34,000
Michigan Association for Infant Mental Health (Southgate, MI) To support improving clinical skills of Infant Mental Health Providers throughout Southeast Michigan in partnership with the Detroit-Wayne County Community Mental Health Agency.	\$48,000

GRANTMAKING OPPORTUNITIES

One-year awards to improve organizational capacity of mental health providers; increase awareness and education; support consumer and policy research advocacy; and advance early screening and assessment.

NAMI Metro (Northville, MI)	\$10,000
For general operating support to tri-county affiliate organization that advocates for consumers and family involvement in care, treatment and recovery.	
NAMI Michigan (Lansing, MI)	\$10,000
For general operating support to statewide organization that advocates for consumers and family involvement in care, treatment and recovery.	
Oakland Integrated Healthcare Network (Pontiac, MI)	\$50,000
To provide agency-wide integrated care training for newly established Federally Qualified Health Center that provides care and services to underserved populations throughout Oakland County.	
Ozone House, Inc. (Ann Arbor, MI)	\$50,000
To provide early screening, assessment and mental health treatment for homeless and runaway youth ages 12-20 in Washtenaw County.	
School-Community Health Alliance of Michigan (Lansing, MI)	\$50,000
To support research and evaluation to improve sustainability of mental health services in school-based clinics.	
Starfish Family Services, Inc. (Inkster, MI)	\$50,000
To implement mental health services into OB/GYN clinic practice in Wayne County.	

Washtenaw Health Plan Corporation (Ypsilanti, MI)	\$47,000
To provide mental health services to low-income immigrants with mild-moderate mental health needs in Washtenaw County.	
Wayne State University (Detroit, MI)	\$100,000
To develop a new payment and outcome based shared savings model to support a quality integrated health care delivery model in Wayne County.	
Wayne State University (Detroit, MI)	\$47,000
To develop an easy to use, standardized scale to help physicians detect early post-stroke depression and initiate treatment sooner.	
Matching Gifts Program, Consulting Contracts, Contributions, Dues and Grants Return	\$100,945

2013 TOTAL GRANTS

\$2,225,495

OUR PARTNERS

The Foundation
recognizes the
dedication, innovation
and impact of
this year's partnering
organizations.
Thank you for all
the work you do in
making a difference
in the lives of those
you serve.

Adult Well-Being Services
American Indian Health and Family Services
Association of Children's Mental Health
Catholic Charities of Southeast Michigan
Corner Health Center
Covenant Community Care, Inc.
Covenant House Michigan
Detroit Central City Community Mental Health
Detroit Community Health Connection, Inc.
Detroit Community Health Foundation
Detroit Educational Television Foundation
Detroit Health Care For The Homeless, Inc.
Easter Seals-Michigan, Inc.
Ennis Center
The Guidance Center
Jewish Family Services
Mental Health Association in Michigan
Michigan State University
NAMI Michigan
NAMI Metro
Neighborhood Service Organization
Oakland Integrated Healthcare Network
Ozone House, Inc.
Regents of the University of Michigan
School-Community Health Alliance of Michigan
Southwest Counseling Solutions
Starfish Family Services, Inc.
St. John Providence Health System
Washtenaw Health Plan Corporation
Wayne State University

BALANCE SHEET

December 31, 2013 (presented at fair value)

ASSETS

Cash			
Retail Account	\$	288,891	
Investment		<u>30,588</u>	\$ 319,479
Money Market			586,786
Bonds			12,627,938
Equities			26,608,452
Multi Asset Funds			6,797,031
Alternatives			
Marketable/Hedge			6,797,801
Marketable/Hard Assets			4,831,773
Mining and Natural Gas			798,589
Private Equity			<u>4,253,409</u>

LIABILITIES

-0-

TOTAL ASSETS AND LIABILITIES 12/31/13	\$	63,621,257
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CHANGE IN ASSETS AND LIABILITIES

Beginning Assets and Liabilities 12/31/12			\$ 58,698,929
Revenues	\$	2,994,089	
Expenses		<u>(2,851,121)</u>	
Net Income			\$ 142,968
Change in Unrealized Market Appreciation			<u>4,779,360</u>

TOTAL ASSETS AND LIABILITIES 12/31/13	\$	63,621,257
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FOUNDATION BENEFACTORS



Ethel "Peggy" W. Flinn



James "Jim" H. Flinn, Jr.



Jim Flinn, Jr. and Leonard W. Smith
The Flinn Foundation Board Chair, Leonard W. Smith, presents Jim Flinn, Jr. with a plaque at his 90th birthday celebration in 2005. The award honored him for his inspiration and support in assisting people with mental illness.

BOARD OF TRUSTEES

TRUSTEES

Leonard Smith
Chairman and Treasurer

Duane Tarnacki
Vice Chairman

**the Honorable Freddie
Burton, Jr.**

Lynn Carpenter

Dr. Linda Hryhorczuk

Jack Kresnak

Allen Ledyard

George Nicholson, III



SEATED

(left to right sitting)

Allen Ledyard, Dr. Linda Hryhorczuk, Leonard Smith, Jack Kresnak

STANDING

(left to right)

Lynn Carpenter, George Nicholson, III, Andrea Cole,
the Honorable Freddie Burton, Jr., Duane Tarnacki

TRUSTEE EMERITUS

Ethel “Peggy” W. Flinn
(1976 – 1994)

J. Peter Smith
(1986 – 2008)

David E. Nims, III
(1994 – 2010)

Dr. Calmeze H. Dudley
(2010 – 2012)

HOW TO APPLY FOR A GRANT

We offer grant opportunities through an annual competitive Request for Proposals (RFP) Process. The broader universe of non-profits that deliver mental health care and services in southeast Michigan (Wayne, Oakland, Macomb and Washtenaw) are eligible and welcome to apply.

Grants are awarded once a year in September. Listed below is the typical timeline and process for applying for a grant:

FUNDING PROCESS AND TIMELINE

Late May	Open RFPs announced
Late July	Deadline for proposal applications
Late September	Notification of grant decision
Early December	Grants funds awarded
January	Grant term begins

Information on the Foundation's funding priorities, as well as inquiries and grant applications should be directed to:

Andrea M. Cole

Executive Director and CEO

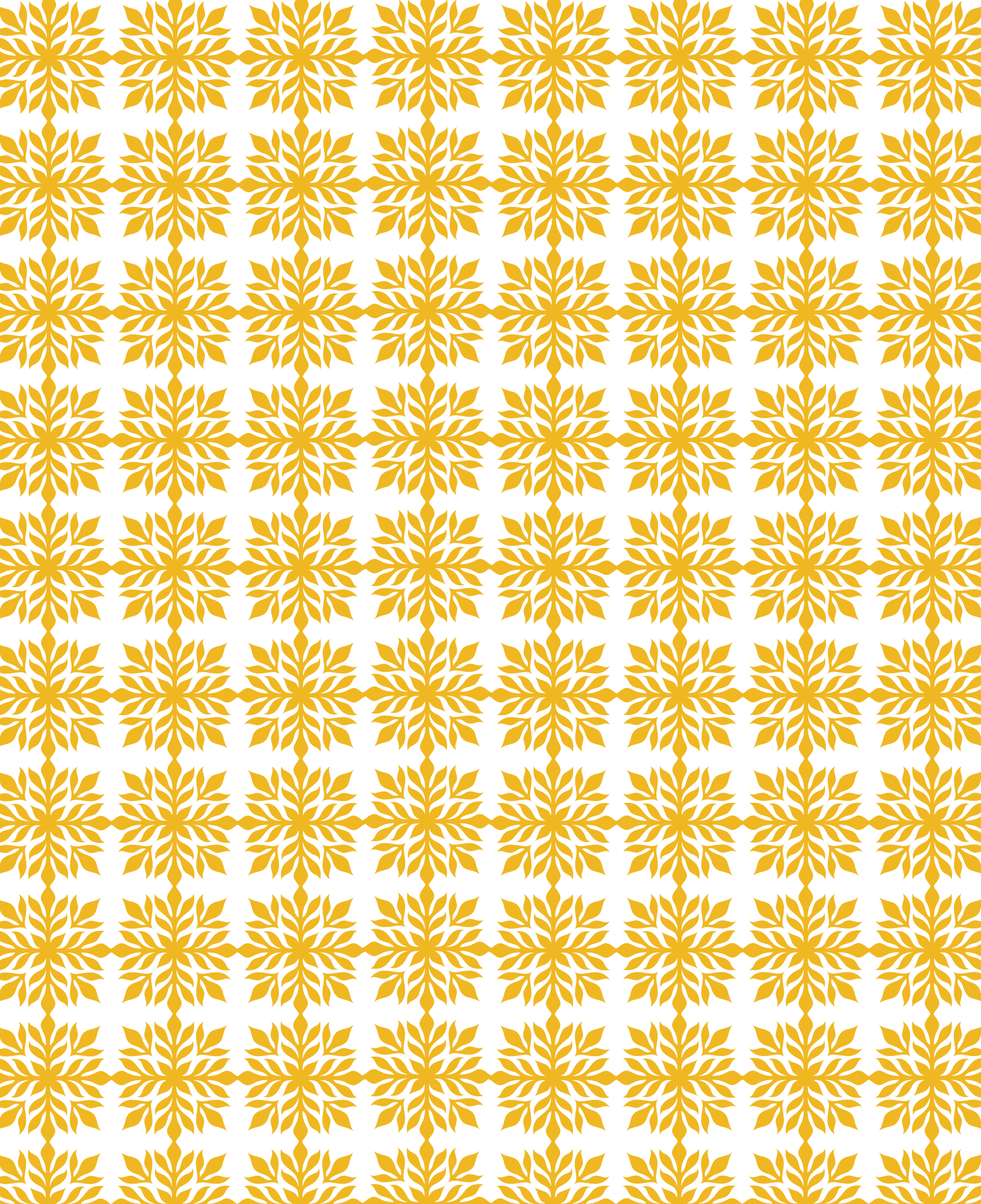
333 West Fort Street, Suite 1950

Detroit, MI 48226-3167

Email: acole@flinnfoundation.org

Phone: (313) 309-3436

www.flinnfoundation.org





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Ethel & James Flinn Foundation

333 West Fort Street, Suite 1950

Detroit, MI 48226-3167

Phone: (313) 309-3436

Fax: (313) 309-3441

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