

# 2021

# **ADULT MENTAL HEALTH**

# REQUEST FOR PROPOSALS (RFP)

APPLICATION DEADLINE:

THURSDAY, JULY 22,2021 BEFORE 4:00 PM



The Ethel and James Flinn Foundation (the "Foundation") is a Detroit based private foundation established in 1976 by Ethel "Peggy" Flinn and her brother, James "Jim" Flinn, Jr. Peggy Flinn passed away in 1994. Jim Flinn, Jr., who was diagnosed with schizophrenia in his early 20's, led a remarkable life until his passing away in 2007 at the age of 91. The Foundation is committed to improving the scope, quality, and delivery of mental health treatment in Michigan. The Foundation's geographic focus is primarily southeast Michigan, defined as the counties of Wayne, Oakland, Macomb, and Washtenaw.

#### ELIGIBILITY AND AVAILABLE FUNDING

This RFP is open to governmental agencies and non-profit organizations that provide mental health care and treatment for adults (22 years and older) either exclusively or as a component of its overall services. The organization should be located in southeast Michigan - specifically Wayne, Oakland, Macomb, or Washtenaw County.

The Flinn Foundation recognizes the importance of providing ongoing support to partner organizations as the COVID-19 pandemic continues and we move towards recovery. The Foundation is requesting proposals to implement Evidence-Based Practices and has allocated approximately \$500,000 for 2021. Two-year grant requests ranging from \$50,000 to \$100,000 per year will be considered. The total two-year award will be determined during the grant decision process.

#### **EVIDENCE-BASED PRACTICES**

It is now well documented that knowledge gained through research has, in many instances, not been translated to everyday clinical practice in the mental health field. Therefore, the Foundation has primarily focused its grantmaking on accelerating the implementation of best practice treatment programs in community settings throughout southeast Michigan for adults 22 years and older.

The Foundation uses the standards set by the Substance Abuse and Mental Health Services Administration (SAMHSA) in identifying a model as evidence-based and defines it as follows: a practice that has demonstrated positive results in at least two randomized control studies or in a large series of single-case experiments.

There is abundant literature about implementation of evidence-based practices. Without limiting your research, the attached websites and information can be used for reference *(Attachment 1).* 

#### **FUNDING PRIORITIES FOR 2021**

While the Foundation does not endorse a particular evidence-based practice or list of such practices, it recognizes the importance of providing support to partner organizations as the COVID-19 pandemic continues and the need for services increases. The following proposals aimed at improving access to effective behavioral health service delivery will be prioritized:

- Implementing best practice models that integrate behavioral health and primary care services
- Implementing best practice care coordination models for people with complex behavioral health and physical health needs
- Implementing best practice psychotherapy and psychosocial treatment programs
- Implementing best practice programs to improve Veterans' mental health
- Implementing best practice models that divert people from the criminal justice system into behavioral health treatment
- Implementing best practice models that expand access to care and treatment

#### **INQUIRIES**

You may contact staff at the Foundation to discuss eligibility and questions regarding this RFP. However, a discussion is discretionary and not a requirement.

Andrea M. Cole Executive Director and CEO <u>acole@flinnfoundation.org</u> (working remotely so start with email inquiry)

#### TIMELINE AND DATES

IMPORTANT DATES		
July 22, 2021 - (4:00 p.m.)	- Application Deadline	
September 30, 2021	- Decision Notification	
December 2021	- Funds Issued	
January 1, 2022 – December 31, 2023	- Two Year Grant Term	
March 1, 2023	- Progress Report Due	
March 1, 2024	- Final Report Due	

#### **SUBMISSION**

All applications must be submitted through the Foundation's online application process that is accessible directly from our website <u>http://www.flinnfoundation.org/apply/</u>. The Foundation's grantmaking priorities are outlined in detail and a tutorial is available to help walk you through the application process.

#### REQUIREMENTS

When preparing your proposal application, please respond in clear and plain language that accurately describes your project and intended outcomes without too many buzzwords, jargon, or citations. To help you prepare for the on-line grantmaking application process, we have outlined the following elements that should be included in your proposal application sections:

#### 1. <u>Mission, Accomplishments and Organizational Capacity:</u>

- Provide a brief history of the organization and/or department, current mission and goals, a description of services, past accomplishments and experience with similar projects including evidence-based models.
- Describe your organization's capacity and resources to implement the evidence-based practice or program and the specific activities, efforts and steps taken to date to ensure readiness to implement.

#### 2. <u>Purpose/Need/Population Served</u>:

- Provide a clear description of the program and rationale/need for services.
- Identify the age range of your target population, geographical area, current number of people served, the projected number of individuals to be served directly by this program and the vulnerable nature of the population.
- Identify the Evidence-Based Practice (EBP) to be implemented and cite one specific source of credible evidence that the program is effective. Evidence may include, for example, research studies, proven models, or evaluations.
- Describe how this program will improve access to care, delivery of services and mental health treatment outcomes for the population served.

#### 3. Activities and Outcomes:

- Provide a description of how the organization plans to implement the program and incorporate the EBP into your core services.
- Describe the services and activities to be provided and the specific measurable results and outcomes that you wish to achieve during the grant period.

#### 4. <u>Collaboration/Coordination with Other Resources</u>:

- Identify collaborative partners and stakeholders and their roles.
- Indicate relevant coordination with other resources to implement the program and/or support broader systems/community changes.

#### 5. Evaluation:

- Explain how the outcomes of the program will be measured and reported.
- Identify who will be responsible for performing the evaluation and describe how the results will be used and disseminated.

#### 6. <u>Sustainability</u>:

- Describe how you plan to integrate the program into the core services of your organization and continue the program following the end of the grant term.
- 7. <u>Attachments:</u> The following **3** reports are required along with the application:
  - Executive Summary (use foundation template on website a copy of the template is attached to help you with planning). The executive summary is limited to two pages and should provide a clear and concise overview of the proposed goals, activities and outcomes expected from the program.
  - **Budget/Actual Expenditure Report** (use foundation template on website- a copy of the template is attached to help you with planning).
  - Current financial audit conducted by an independent certified public accountant (within last two calendar/fiscal years)

#### **GRANT DECISION PROCESS**

The Board of Trustees will review all proposals and make final approvals. The funding decisions will be based on the following considerations:

- The degree to which the proposal addresses priority areas as defined in this RFP
- Ability to significantly improve the quality, scope, or delivery of mental health services
- Ability to reduce inequities and disparities in access to care and treatment
- Ability to sustain program and services beyond grant term

#### REPORTING

All organizations who receive a grant will be required to sign a Grant Award Agreement Letter notifying the Foundation of their ability to comply with all reporting requirements. Grant funds are dispensed in December 2021 and the grant term for all funded projects begins January 1, 2022.

Please apply online at <u>www.flinnfoundation.org/apply</u>. The Executive Summary and Budget/Actual Expenditure Report templates are available at the bottom of the page.

**ATTACHMENT 1** 

#### **EVIDENCE-BASED PRACTICES**

Websites and Resources

Substance Abuse and Mental Health Services Administration – SAMHSA <u>https://www.samhsa.gov/</u>

- SAMHSA's Evidence-Based Practices Resource Center <u>https://www.samhsa.gov/resource-search/ebp</u>
- Center of Excellence for Integrated Health Solutions <u>https://www.thenationalcouncil.org/integrated-health-coe/</u>

American Psychiatric Association – APA <u>https://www.psychiatry.org/</u>

• APA Practice Guidelines <u>https://psychiatryonline.org/guidelines</u>



#### The Flinn Foundation Budget/Actual Expenditure Form For Year [1]

The purpose of this Budget Form is to provide The Ethel and James Flinn Foundation with complete information about your program's projected expenses and revenue. Please submit this budget form with your complete proposal and required attachments. Please itemize where necessary (for example, salaries). Include costs that are directly related to the program and indispensible to it. The Foundation will not approve indirect costs budgeted as a percentage of the grant amount. If your request is for more than one year, complete the spreadsheet for each year you are requesting funding (see tabs below). **NOTE:** You will also use this form to submit Actual Expenditures with your Progress and/or Final Expenditure Report. Keep a saved copy for your records.

[Insert Name of Organization]		Amount	
	Total	Requested	
[incontinuite of organization]	for	from the	* Actual
	Program	Foundation	Expenditures
EXPENSES			
Salaries (Itemize. If less than full time, prorate or specify number of FTE)			
Evaluation			
Professional Services (legal, accounting, etc.)			
Training			
Consultants/Contracted Services (other than evaluation)			
Travel			
Equipment, Technology and/or Supplies			
Printing and Copying			
Other (Specify)			
TOTAL EXPENSES	\$0	\$0	\$0
REVENUE	Committed	Pending	
Grants/Contracts/Contributions:			
The Flinn Foundation Request			
Government (indicate whether local, state, federal)			
Other Foundation Support			
Other (Specify)			
In-Kind (indicate source)			
TOTAL REVENUE AND RESOURCES	\$0	\$0	\$0

ITEMIZATION	Total for Program	Amount Requested from the Foundation	* Actual Expenditures
EXPENSES	1		
TOTAL EXPENSES	\$0	\$0	\$0

\* Only applicable when submitting a Progress or Final Expenditure Report

#### **INSTRUCTIONS FOR EXECUTIVE SUMMARY TEMPLATE**

### Note: Use formatted <u>Executive Summary Template on website or</u> use the following format when submitting attachment:

- Word document (No Pdfs, Letterhead, Logo, or Footer)
- Two Page limit, Margins: Top, Bottom, Left and Right: 1.0"
- Font: Times Roman, Font Size: 12
- Line Spacing: Single, Letter Style: Block, Text Align: Justify
- Header: Organization Name (Capital Letters, Centered and Bold)